

# GLOBAL ASSESSMENT OF FUNCTIONING (GAF)

## DSM-IV-TR Axis V Assessment

Client Name: \_\_\_\_\_ Date: \_\_\_\_\_

Clinician: \_\_\_\_\_

Consider psychological, social, and occupational functioning on a hypothetical continuum of mental health-illness. Do not include impairment in functioning due to physical (or environmental) limitations.

### GAF SCALE

100-91: Superior functioning in a wide range of activities

90-81: Absent or minimal symptoms, good functioning in all areas

80-71: If symptoms are present, they are transient and expectable reactions to psychosocial stressors

70-61: Some mild symptoms OR some difficulty in social, occupational, or school functioning, but generally functioning pretty well

60-51: Moderate symptoms OR moderate difficulty in social, occupational, or school functioning

50-41: Serious symptoms OR any serious impairment in social, occupational, or school functioning

40-31: Some impairment in reality testing or communication OR major impairment in several areas

30-21: Behavior is considerably influenced by delusions or hallucinations OR serious impairment in communication

20-11: Some danger of hurting self or others OR occasionally fails to maintain minimal personal hygiene

10-1: Persistent danger of severely hurting self or others

### ASSESSMENT

Current GAF Score: \_\_\_\_\_ (\_\_\_\_\_ to \_\_\_\_\_)

Highest GAF in past year: \_\_\_\_\_

Rationale for current score:

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Factors considered:

- Psychological symptoms
- Social functioning
- Occupational functioning
- Educational functioning
- Self-care abilities
- Reality testing
- Communication abilities
- Risk assessment

Additional comments: